#### **RecOn EVENTS**

## Learn to Surf with School of Surf @ Beach House

March 21, Class 1: 1300, Class 2: 1500, Class 3: 1700 Learn the basic and fundamentals of surfing. Age restrictions: 5 years of age and older. Child must be a competent swimmer. Parent required to be on site for children under 15 years of age. (Cost FREE)

#### Parasailing @ Cocoa Beach Parasail

March 23, 0900, 1100, 1230 and every hour-and-a-half after that

10-14 minutes parasailing over the Atlantic Ocean. Minimum 130lb per chute ride for tandem or triple. Maximum 350lbs per chute ride. (Must be 5yrs or older, \$25 refundable registration fee per family of 4; redeem after attendance)

### On the Edge Rock Climbing

March 24, 1100-1700

The day pass includes top rope belay, instructions, gym orientation, harness, shoes, chalk bag and belay device. (Must be 5yrs or older, \$25 refundable registration fee per family of 4; redeem after attendance)

#### **Wildlife Airboat Ride**

March 25, 0900-0600

Enjoy a 1 hour private airboat ride deep into 100,000 acres of protected swamps, marshes and river of the Central Florida Everglades. (Must be 3yrs or older, \$25 refundable registration fee per family of 4; redeem after attendance)

## Indoor Trampoline Arena @ Rebounderz, Orlando

March 27, 1200-1800

Enjoy a sea of arena style trampolines where you can literally bounce off the walls with rebounding floors and angled walls. (Must be 5yrs or older, \$25 refundable registration fee per family of 4; redeem after attendance)

### **Patriot Fishing Charter @ Port Canaveral**

March 29, 0700-1300 (Price of participation varies upon activity)

REGISTER FOR EVENTS @ TICKET, TRAVEL AND LEISURE

## **IDS AGENCY CONTACTS**

#### ADAPT

Building 1370 (Behind Base Clinic) 321-494-8234

**Airman & Family Readiness Center (A&FRC)** Building 722 321-494-5675

**Chapel Team**Building 440
321-494-4073

Family Advocacy Program (FAP) Building 1370 (Behind Base Clinic) 321-494-8171

#### **HEALTH PROMOTION**

Building 546 321-494-2660

#### **Mental Health**

Building 1370 (Behind Base Clinic) 321-494-8234

Military Family Life Counselor 321-634-4953

**Patrick Family Housing**Building 1060
321-613-3810/321-779-9785

**Resiliency Office** 321-494-6968

**Sexual Assault Response Coordinator** 321-494-7272

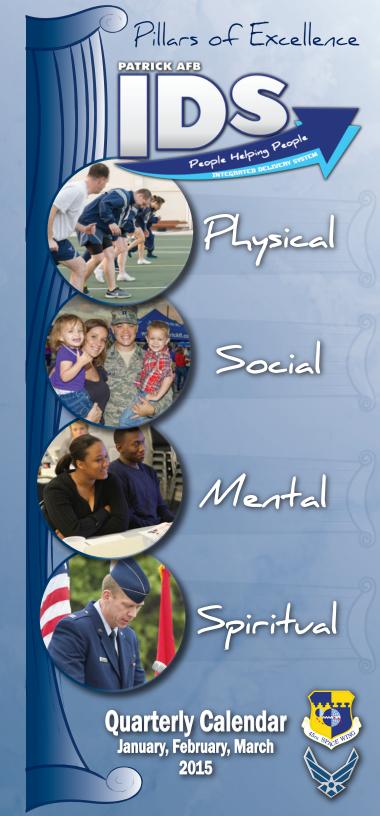
Special Needs Coordinator (SNC)
Exceptional Family Member Program (EFMP)
Building 1381
321-494-6493/8546

Single Airmen Program Outdoor Rec 321-494-5158

Youth Center Building 3656 321-494-4747

> DOWNLOAD THE CALENDAR ON YOUR SMART PHONE





# Events and Classes Available for January-March

#### TAP Seminar @ A&FRC

January 12-16, 0800-1630 February 2-6, 0800-1630 March 2-6, 0800-1630

### **Job Search for Spouses @ A&FRC**

January 15, 0900-1100
February 19, 0900-1100
March 19, 0900-1100
Bring your Laptop Computer and Pre-reg w/ Employ FL.

## Deployed Families Dinner @ Shark Center

January 27, 1800-1900 February 24, 1800-1900 March 24, 1800-1900

#### **Bundles for Babies @ A&FRC**

January 8, 1630-1900 March 12, 1630-1900

## **Key Spouse Training @ A&FRC**

February 12, 0830-1330

#### **Key Spouse Forum @ A&FRC**

February 26, 1730-1900

#### **Heartlink @ A&FRC**

March 12, 0830-1400

### **Diaper Club @ SHARK Center**

Every Wednesday, 0930-1100

#### **Newborn Care Class @ A&FRC**

January 8, 1630 March 12, 1630

## Marital Strategies For Success @ Family Advocacy

January 21, 1130-1230

## **Class for Singles @ Family Advocacy**

January 28, 1130-1230

## **Love Languages @ Family Advocacy**

February 11, 1130-1300

## **Anger Management @ Family Advocacy**

February 25, 1430-1530

## Parenting For Respect @ Family Advocacy

March 11, 1430-1530

### **How to Fight Fair @ Family Advocacy**

March 25, 1430-1530

## Pastoral Visit & Confirmation, Bishop Robert Coyle

January 16-19
Bishop Coyle is the Auxiliary Bishop for the Archdiocese for the Military Services

## Valentine's Day Dinner Dance aboard the River Oueen

February 13, 1800

### Shrove Tuesday Pancake Supper @ South Patrick Chapel

February 17, 1700

#### **Ash Wednesday Masses**

February 18, 1130 SSC / 1830 SPC

### **Lenten Soup & Devotions**

February 24, 1730 SPC March 10, 1730 SPC March 17, 1730 SPC March 24, 1730 (Lenten Penance Service) SPC March 31, 1730 SPC

### Feed Your Faith @ South Patrick Chapel

January 14, 21, 28
February 4, 11, 18, 25
March 4, 11, 18, 25
Family Meal 1700 &
Protestant Religious Education Classes 1800

# Want more information or to register?

Call the sponsoring agency's number listed in the IDS Agency Section on the back of this brochure.

#### Feed the Needy @ Daily Bread

January 3 & 17, 1000-1430 February 7 & 21, 1000-1430 March 7 & 21, 1000-1430

### **Resilience Trainer Assistant (RTA)**

February 18, 19, 20

#### **Newcomers @ A&FRC**

January 20 February 17 March 17

#### **Smooth Move @ A&FRC**

January 22 February 19 March 19

#### **FOR SUPERVISORS**

Biggest Loser (90 day competition)

@ Health Promotion
January - April

## Marriage Care Seminar @ South Patrick Chapel

January 14, 21, 28, 1800 February 4, 1800

### **SINGLE AIRMAN EVENTS**

## Paintball @ World of Sports Complex, Orlando, FL

February 21, 1000-1800 Choose from 7 different paintball courses. This includes unlimited play and field admission with gun, mask, all day air, and 1,000 rounds of ammo. Cost is Free; \$25 refundable registration fee; redeem after attendance (18-25yrs old)

## **Tandem Skydiving @ Skydive Space Coast**

March 21, 0800-1500

Enjoy the scenery of the Florida Coastline as you freefall from the world's highest tandem skydive jump from 18,000ft. Cost is Free; \$25 refundable registration fee; redeem after attendance (18-25yrs old)